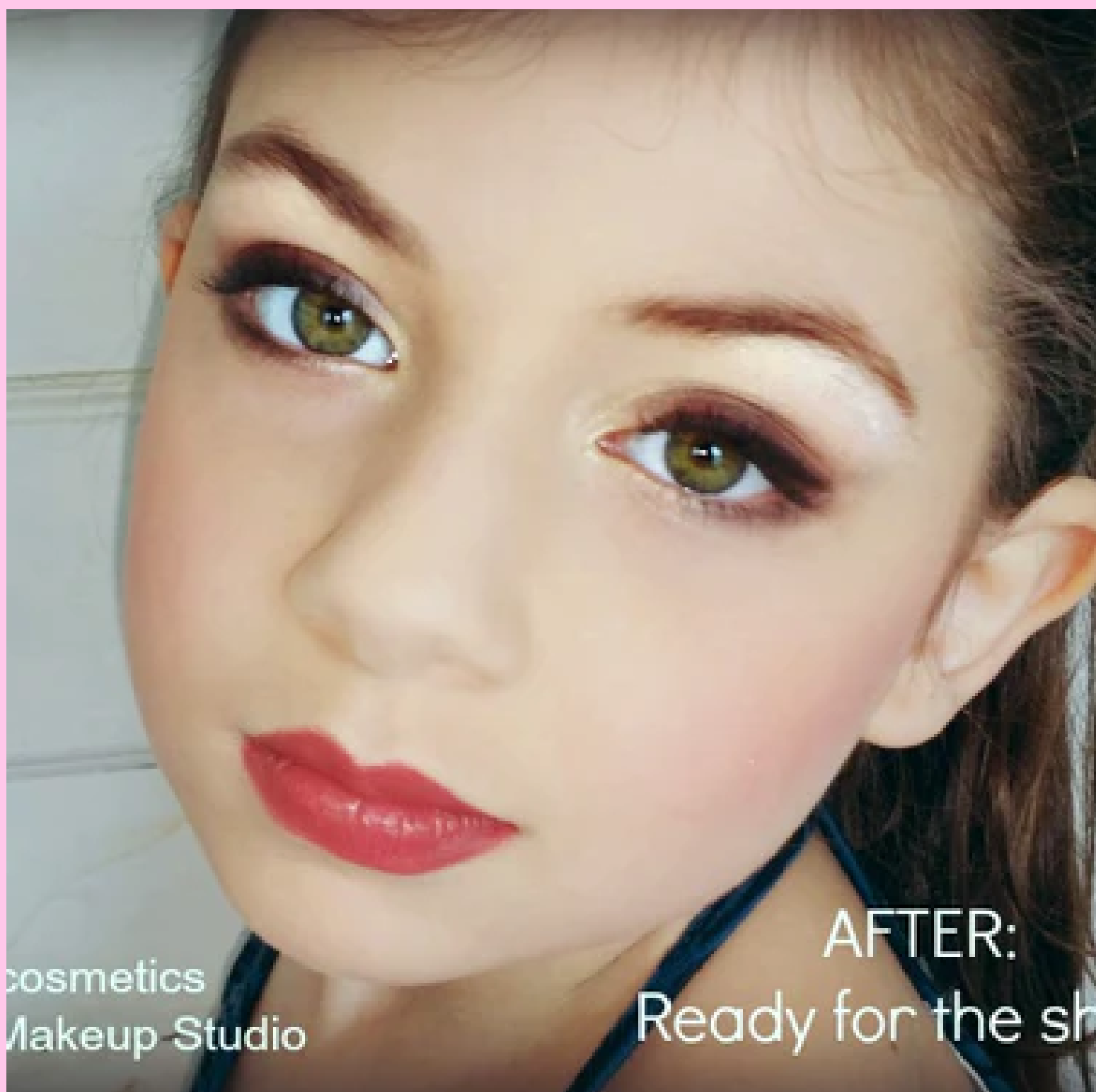


STAGE MAKEUP & HAIR *Guide*

HAIR

Depending on your class, you will either have a low bun or a high bun. Here are some examples of both. ----->

Please see below for some tips to make a beautiful ballet bun!



MAKEUP

Makeup is important to highlight the main features of the face! The most important parts are: Eyeliner, eyeshadow (browns/golds are best), mascara, blush, and lipstick. See below for some makeup tips!

BALLET BUN TIPS



HOW TO MAKE AN EASY BALLET BUN

Things Needed

- Hair Donut
- Comb
- Coated Elastic Band to match your haircolor
- “U” Shape Hairpins & Bobby Pins to match your haircolor
- Fine Hair Net to match your haircolor
- Styling Gel
- Hair Spray

Instructions

Step 1: Pull hair into a sleek ponytail at the crown of head.

Step 2: Pull hair through your hair donut.

Step 3: Divide hair in half over the hair donut, and evenly cover the hair donut with your hair until the hair accessory is not showing. Pin hair in place with bobby pins.

OR

Pull hair donut to top of ponytail with an inch of hair sticking out of the middle, wrap hair around donut and roll down covering the hair bun accessory with your hair until you reach the base of ponytail.

- Any hair strands that have fallen loose from the bun should be smoothed back with the help of styling gel and a hair net.
- Take some styling gel on your fingers, apply it on the loose strands and put them into place.
- Now, have your dancer shake her head gently and make sure that the bun is not loose. If you feel that it is, use some more bobby pins to secure it.
- Use hair spray, to ensure that the hair keeps in place and secure any “wispsies”.

Some Tips

- Starting with wet hair will help you achieve a sleek style.
- If you start with dry hair you may want to use your iron or a dryer and round brush to help get the "tail" of your bun ready.
- Styling with gel is easier when your hair is clean.
- Take care to apply the right amount of gel to your hair for that perfect look. Excess gel can make your hair look greasy and less gel will not hold your hairstyle very well.
- Wide-toothed combs and hair picks are easier to use while styling your hair with gel.
- Avoid using a hair brush once you've applied gel to the hair.
- Do not use a blow dryer on your hair after you have applied gel, as it will create the dry crunchy effect for your hair.
- **Just remember that it takes practice to become good at anything, including making ballet buns. You should practice several times before your dancer's big day.**



BALLET BUN TIPS



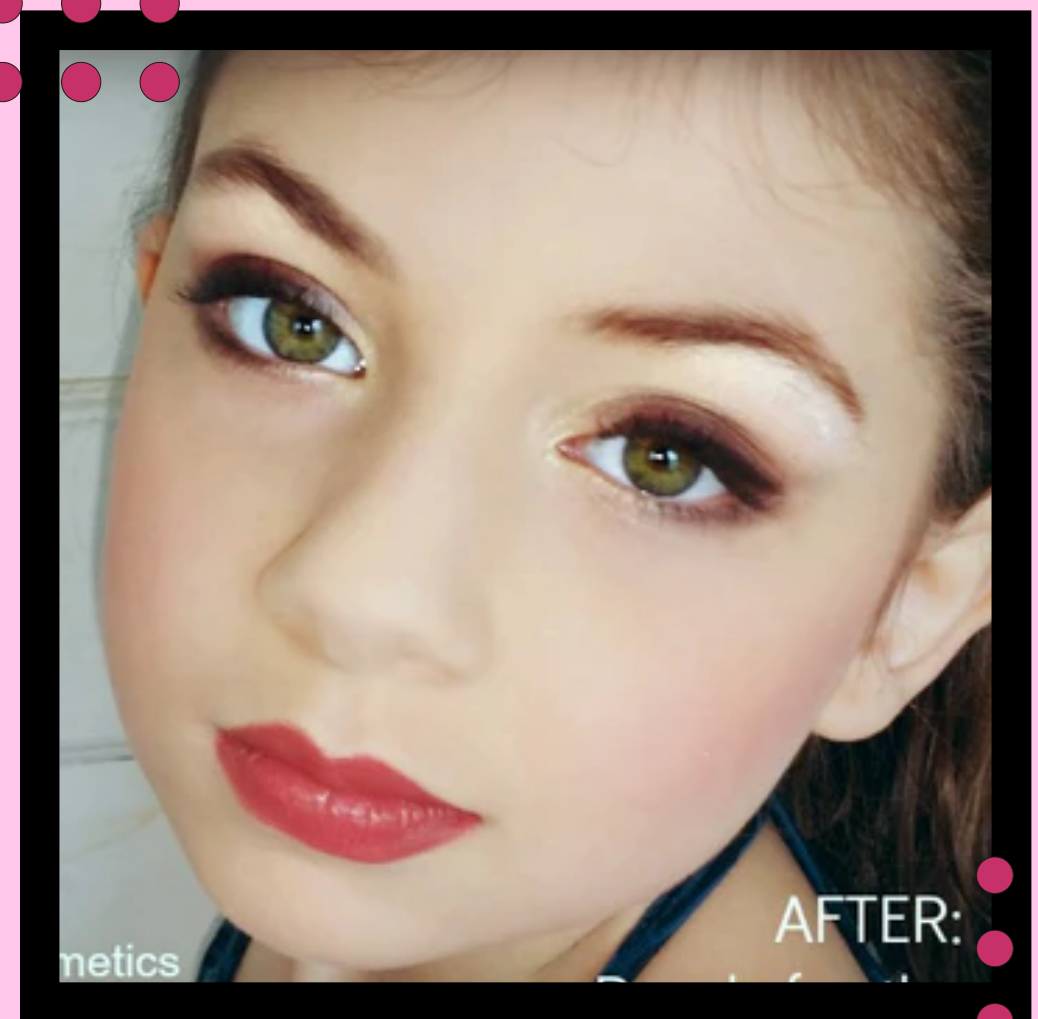
HIGH BUN

- Toddler Tap
- Pre-Dance
- Tiny Dancer
- Mini Hip Hop
- Tumbling 1
- Tumbling 2
- Ballet/Jazz 1
- Ballet/Jazz 2
- Hip Hop 1
- Tap 1/2
- Musical Theater 1/2
- Acro 1
- Mini Company

LOW BUN

- Pointe 1/2
- Hip Hop 2
- Tap 3
- Ballet 3
- Jazz/Lyrical 3
- Musical Theater 3/4
- Hip Hop 3/4
- Tap 4
- Contemporary 3/4
- Ballet 4
- Jr./Sr. Company
- Adults (bun or ponytail)
- All Abilities (bun or ponytail)

STAGE MAKEUP TIPS



Foundation:

Match skin tone as best as possible. This will make a good base for the rest of the makeup. (Optional for ages 5 and under.)

Blush:

Pink for lighter skin tones, orange/brick colored for darker skin tones.

Eyeliner: Brown or black. (Optional for ages 3 and under.)

Mascara: Brown or black. (Optional for ages 3 and under.)

Eyeshadow:

Eyeshadow will be natural colors, a few shades darker than skin tone. Browns, tans, grays, etc. For darker skin tones, good colors are golds, bronzes, or even purples.

Eyebrows:

This is optional, depending on skin tone/hair color. Light eyebrow filling will help frame the face and highlight the main features from the audience. Match the color of the eyebrows.

Lips:

Lip liner and lipstick. This can be in medium to dark pink hues or red hues, whichever you prefer. (Optional for ages 3 and under.)